

## THE POWER OF A FOCUSED LIFE #3

### A FOCUSED LIFE CONSISTS OF 3 THINGS...

1. **A LIFE VISION** – Life purpose – What are you hear for?
  - a. What does God have you on the planet for
  - b. A vision statement contains
    - i. What you do
    - ii. How you do it
    - iii. Why you do it
  - c. Jesus had a life vision
    - i. WHAT
      1. Luke 4:16-21 (NIV) He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, [17] and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written: [18] **"The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, [19] to proclaim the year of the Lord's favor."** [20] Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. [21] He began by saying to them, "Today this scripture is fulfilled in your hearing."
    - ii. HOW/WHY
      1. Joh 5:19-23 (NIV) Jesus gave them this answer: "Very truly I tell you, **the Son can do nothing by himself; he can do only what he sees his Father doing**, because whatever the Father does the Son also does. [20] For the Father loves the Son and shows him all he does. Yes, and he will show him even greater works than these, so that you will be amazed. [21] For just as the Father raises the dead and gives them life, even so the Son gives life to whom he is pleased to give it. [22] Moreover, the Father judges no one, but has entrusted all judgment to the Son, [23] **that all may honor the Son just as they honor the Father. Whoever does not honor the Son does not honor the Father**, who sent him.
  - d. My vision statements are
    - i. What "Reveal the glory of God and to extend His kingdom on the earth"
    - ii. How "Live with nothing to lose, nothing to prove and nothing to hide"
    - iii. Why "To stand before the presence of God and hear, 'Well done..'"
2. **LIFE GOALS** – Life goal, Long terms goals, Short term goals
  - a. Must serve your Life Vision
  - b. Goals must be Relevant
    - i. SECULAR GOAL SETTING = SMART GOALS

1. Specific - What is the goal EXACTLY (define in one sentence)
  2. Measurable - How will you EVALUATE your progress. When have you arrived?
  3. Achievable - Is it within your range of gifts. Is a dream or a God given
  4. Relevant - How does the goal ALIGN with your vision
  5. Time –bound What DATE is attached to this goal. God often changes dates
- ii. GODLY GOAL SETTING
1. Specific – In one statement, clear
    - a. All Jesus statements are clear
  2. Relevant – Aligned with vision – within the calling & gifts of God
    - a. All Jesus goals aligned with His vision.
  3. Measurable – We will be judged by what we do
    - a. JESUS - John 19:30 (NIV) When he had received the drink, Jesus said, "It is finished." With that, he bowed his head and gave up his spirit.
    - b. PAUL - 2Ti 4:7-8 (NIV) I have fought the good fight, I have finished the race, I have kept the faith. [8] Now there is in store for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day—and not only to me, but also to all who have longed for his appearing.
  4. Attainable – God given goals often appear to be unattainable
  5. Time Bound – The timing of God-given goals often are in the hands of God.
- c. Jesus had many stated goals
- i. 1 Jn 3:8 (NIV) The reason the Son of God appeared was **to destroy the devil's work.**
  - ii. Mat 5:17 "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but **to fulfill them.**
  - iii. Luk 12:49 "**I have come to bring fire on the earth,** and how I wish it were already kindled!
  - iv. Joh 6:38 For I have come down from heaven not to do my will but **to do the will of him who sent me.**
  - v. Mar 1:38 Jesus replied, "Let us go somewhere else—to the nearby villages—so I can **preach** there also. **That is why I have come.**"
  - vi. Luke 19:10 (NIV) For the Son of Man came **to seek and to save the lost.**"
  - vii. Joh 18:37 (NIV) "You are a king, then!" said Pilate. Jesus answered, "You say that I am a king. In fact, the reason I was born and came into the world is **to testify to the truth.** Everyone on the side of truth listens to me."
  - viii. Joh 10:10 The thief comes only to steal and kill and destroy; **I have come that they may have life, and have it to the full.**
  - ix. Joh 12:46 **I have come into the world as a light,** so that no one who believes in me should stay in darkness.
  - x. Mat 20:28 just as the Son of Man **did not come to be served, but to serve,** and to give his life as a ransom for many."
- d. My life goals
- i. To love my wife as Christ loved the church
  - ii. To provide for my wife and family

- iii. To actively pursue the presence of God, hear His voice and know His heart
    - 1. (Love the Lord with all heart, soul mind and strength)
    - 2. To love God as He wants to be loved
  - iv. To cultivate authentic Christian community (Presence-based Community)
    - 1. (Love your neighbor as you love yourself)
    - 2. To love others as Jesus would love them
  - v. To be conformed to the character of Jesus
  - vi. To have a healthy body and mind in order to serve others well and be a good example
  - vii. To radically and completely obey the voice of God in everything
3. **LIFE PATTERN** – A schedule, a life pattern, rhythm of life,
- a. Must serve your life goals
    - i. Must be an expression of your AFFECTIONS
    - ii. Must be supported by your ATTENTION
  - b. Jesus had a life pattern of DAILY seeking the face of God as a primary occupation
    - i. Mar 1:35 (NIV) Very **early in the morning**, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.
    - ii. Luk 6:12 (NIV) One of those days Jesus went out to a mountainside to pray, and **spent the night praying** to God.
    - iii. Luk 5:16 (NIV) But Jesus **often withdrew to lonely places and prayed**.
  - c. Jesus attended and taught in Jewish synagogue every week (when possible)
    - i. Luk 4:16 (KJVA) And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.

**Synagogues were placed in prominent places, symbolizing the importance of living in God's presence.**

- Outside each synagogue was a mikveh (ritual bath), where worshipers symbolically cleansed their hearts before entering the synagogue.
  - Inside the synagogue,
    - o *important people sat on benches, called chief seats, which lined three sides of the room (Matt. 23:6).*
    - o *Common people sat on the floor, which was usually made of dirt or flagstones*
    - o *Speakers and readers would stand on a small platform, (the bema.)*
    - o *A small menorah, like the one in the Temple, probably stood there as well.*
    - o *Torah readers sat in a special place called the Moses' Seat (or Seat of Honor), so named because they were reading Moses' words (Matt. 23:2).*
    - o *Torah scrolls and the writings of the prophets were either kept in a portable chest or a permanent Torah cabinet (called holy ark) inside the synagogue*
  - *There are three main public acts of worship that take place in the synagogue:*
    - o *Daily services – Daily readings & discussions*
    - o *Shabbat services – Weekly large gatherings (Saturday) to Read Torah & hear teaching*
    - o *Festival services – Reading Torah and celebrating festival/fasting event*
- d. Jesus proclaimed the gospel as a primary occupation
    - i. Mar 10:1 (NIV) Jesus then left that place and went into the region of Judea and across the Jordan. Again crowds of people came to him, and as was his custom, he taught them.
  - e. Jesus mentored 12 men – shared His heart with them

- i. Joh 6:3 (NIV) Then Jesus went up on a mountainside and sat down with his disciples.
- f. Jesus equipped and then sent out His disciples out
  - i. Mar 3:14-15 (NIV) He appointed twelve that they might be with him and that he might send them out to preach [15] and to have authority to drive out demons.
  - ii. Luk 10:1 (NIV) After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go.

#### **4. A LIFE SCHEDULE MUST SERVE YOUR LIFE GOALS**

##### **a. Does your TIME MANAGEMENT support your vision**

###### **i. Are you SPENDING TIME or INVESTING TIME to meet your vision**

###### **ii. SABBATH IS ESSENTIAL**

###### **1. It's one of the TEN COMMANDMENTS**

- a. You must take One day in Seven to rest

###### **2. Do you sabbath well?**

- a. If you don't SABBATH = get exhausted and become sick/fold

###### **3. Do you schedule periods for work and periods for rest**

- a. Should Work no more than 8-12 hours per day
- b. If you don't SCHEDULE rest then you wont rest

##### **b. Do you have a weekly schedule?**

###### **i. Do you have time schedule/plan/ pattern?**

###### **1. You have to have a target to aim at..**

- a. You can't be successful if there is no target
- b. You don't know what you are after...

###### **2. WHATEVER YOU DON'T MANAGE YOU WILL LOSE...**

###### **3. THREE RESOURCES THAT GOD HAS GIVEN US TO MANAGE**

- a. AFFECTIONS
- b. TIME (ATTENTION)
- c. RESOURCES

###### **4. WEEKLY SCHEDULE...**

- a. - IF YOU SQUANDER YOUR TIME.. YOU ARE SQUANDERING YOUR DESTINY
- b. - SPECIFICALLY- IF YOU ARE SQUANDERING YOUR HOURS.. YOU ARE SQUANDERING YOUR DESTINY IN GOD!

##### **c. Does your SCHEDULE reflect your goals**

###### **i. Do the activities of your daily life support your goals**

###### **ii. Is what you are giving your time to supporting your DIVINE LIFE GOALS**

###### **1. DO YOU HAVE A TIME SET ASIDE DAILY FOR SEEKING GOD**

- a. Guidance is what you need
- b. This is where you get it

###### **2. DO YOU HAVE A TIME SET ASIDE FOR WORK (5 days each week)**

- a. Everyone needs meaningful work
- b. Eph 2:10 (NIV) For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

###### **3. DO YOU HAVE A TIME SET APART FOR REST AND SABBATH (recreation)**

- a. God gave us an example – 6 days of work/1 day of rest

**(Eph 5:14-17 NIV) "for it is light that makes everything visible. This is why it is said: "Wake up, O sleeper, rise from the dead, and Christ will shine on you." {15} Be very careful, then, how you live--not as unwise but as wise, {16} making the most of every opportunity, because the days are evil. {17} Therefore do not be foolish, but understand what the Lord's will is."**

Working harder is not the goal

- Doing and being what God has called you to do and be
- .. IT MEANS THAT YOU MAKE THE MOST OF YOUR TIME...

INVITATION:

What is God saying to you about your Schedule?

What do you feel he is leading you to add to your schedule

What do you feel he is leading you to drop from your schedule?

What day is your sabbath (it's a commandment!!)